



Ingredion™

nutritional information

VITESSENCE™ Pulse CT I552 Protein - 3740IE00

VITESSENCE™ Pulse CT I552 Protein is a pea protein which is the mechanically milled and processed portion of the dehulled split yellow pea cotyledons of sound, healthy, dry and clean peas (*Pisum sativum*). The protein undergoes proprietary physical treatment that provides cleaner flavor profile.

These values are typical and do not represent a product specification.

Typical Nutritional Data

Calories, kcal/100g	317	Amino Acids	%
Calories from Fat, kcal	39		hydrolysable
			AA
		Arginine, %	4.3
		Histidine, %	1.3
Moisture, %	4.2	Isoleucine, %	2.3
		Leucine, %	3.8
Protein, %	50.9	Lysine, %	4.0
		Methionine, %	0.5
Total Carbohydrates, %	34.1	Phenylalanine, %	2.6
Dietary Fiber, %	16.5	Threonine, %	1.9
Insoluble Fiber, %	14.5	Valine, %	2.5
Soluble Fiber, %	2	Alanine, %	2.2
Sugars, %	2.1	Aspartic acid, %	5.8
Sucrose, %	2.1	Cysteine, %	0.6
Glucose, %	<0.1	Glutamic acid, %	8.4
Lactose, %	<0.1	Glycine, %	2.2
Maltose, %	<0.1	Serine, %	2.5
Fructose, %	<0.1	Tryptophan, %	0.5
Other Carbohydrates, %	15.5	Tyrosine, %	1.5
		Proline, %	2.1
Total Fat, %	4.3	Non-protein Nitrogen content, %	N/D
Saturated Fat, %	0.73		
Trans Fat, %	0	PDCAAS	0.65
		(based on Joint FAO/WHO/UNU, Rome 1991 protein quality evaluation)	
Cholesterol, mg/100g	<1		
Ash, %	5.7		
Minerals			
Potassium, mg/100g	2,100	Copper, mg/100g	1.6
Sodium, mg/100g	12	Manganese, mg/100g	2.8
Calcium, mg/100g	99		
Magnesium, mg/100g	273		
Iron, mg/100g	7.1		
Zinc, mg/100g	6.8		
Phosphorus, mg/100g	788		
Vitamins			
Vitamin A, IU/100g	<0.05	Vitamin C, mg/100g	<0.5
Thiamin (B1), mg/100g	2.1	Folates (may include folic acid), mcg	15
Riboflavin (B2), mg/100g	0.4	Pantothenic acid, mg/100g	0.8
Niacin (B3), mg/100g	4.9	Cyanocobalamin (B12), mcg	<0.1
Pyridoxine (B6), mg/100g	0.4	Vitamin E, mg/100g	<0.1

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Next Review Date: November 14, 2021

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